Fortnightly news in brief from Jabiru, Warruwi, Minjilang, Maningrida and Gunbalanya



wire@westarnhem.nt.gov.au 08 8979 9465 Published by West Arnhem Regional Council



Injalak Arts Board of Directors and members joined with the Gunbalanya community to celebrate the return of the organisation back to the members on Friday, February 14. Photo credit: Injalak Arts.

CENTRE HANDED BACK TO ARTISTS

Injalak Arts celebrated the return of the organisation back to the artists following a year under special administration, on Friday, February 14.

The Board of Directors joined with the Gunbalanya community to celebrate the 'Handing Back Ceremony', which included speeches, a barbecue and bungul.

It was also announced that the Territory Government will contribute a \$1 million investment to progress the Territory Arts Trail initiative at Injalak Arts.

As one of the longest running remote Aboriginal art centres in Australia, Injalak Arts will complete a new screen printing workshop as part of the Arts Trail Gallery Extension Program. The workshop will help the centre to promote its artists, their culture and artworks, and complement their guided tours building

greater opportunities and creating local jobs.

"This is testament to the strength and tenacity of the art centre and the people of Gunbalanya.."

attending handover event, Member for Arafura Lawrence Costa said, "It has been a difficult year for Injalak Arts and Crafts, so it is wonderful to see the centre returned to the Board and the local community after a period of time in Special Administration. This testament to the strength and tenacity of the art centre and the people of Gunbalanya. Injalak Arts can now look to the future and continue to

grow as a critical economic, cultural and social hub for the people of West Arnhem Land.

Injalak Arts & Crafts Aboriginal Corporation Advisory Committee Member, Donna Nadjemerrek said, "We would like to thank both the Australian and Northern Territory Governments for the funding provided to enable Injalak Arts here at Gunbalanya to grow and prosper into the future.

"Our artists and local looking community are forward to the completion of the new screen printing building which will include dedicated spaces for larger fabric screen printing workshop, archival storage and workspaces for art making which will expand our production and profile and increase employment for the local community."

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POSITIVE RESPONSE TO NEW SPORT



The first ever female football training session was facilitated in Gunbalanya recently with a great response from the community. Photos credit: Stevie Wurrkidj.

West Arnhem Regional Council's Youth, Sport and Recreation team in Gunbalanya facilitated the first ever female football training session in the community recently.

With more than 40 young women signed up to be involved, this is a great starting point and is something the entire community can celebrate and be a part of.

With such a great initial response to women's football, it is hoped that the participants continue to get involved in the new sport and develop their skills further.

If you would like to join in the daluk

football training, feel free to pop into the Council office to sign up or join in the training, which takes place at the oval from 5pm each Thursday.

The Youth, Sport and Recreation team have also been facilitating recreation activities with the Gunbalanya School's secondary students recently.

The youth have been enjoying learning and developing new skills including boxing and basketball as well as speciality skills such as video and photography.

This will culminate into short films produced by the youth. Great work everyone.







Photos credit: Stevie Wurrkidj.





The West Arnhem Wire acknowledges the traditional owners of country and their continuing connection to land, waters and community. We pay our respects to them and their cultures, and to elders, past, present and future.

The Wire is the only regular source of news and information in the Kakadu and West Arnhem Land region. More than 700 copies are distributed fortnightly to Jabiru, Warruwi, Minjilang, Maningrida and Gunbalanya.

Our electronic edition goes out to more than 500 individual email addresses across West Arnhem Land and the Top End.

The Wire accepts advertising from businesses and government organisations. Placement of ads is subject to editorial and Council policy.

Our competitive rates start from as little as \$65 (including GST). Call 08 8979 9465 today or email wire@westarnhem.nt.gov.au to discuss how we can help you spread your messages around West Arnhem Land.

ADVERTISING DEADLINES

Bookings: 5pm Monday prior to publication

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RISE IN MELIOIDOSIS CASES

Following the recent rains everyone in the Top End needs to be aware of the risk of contracting Melioidosis.

There are about 50 cases of Melioidosis reported in the Northern Territory each year, with the majority diagnosed during the Wet Season.

So far this Wet there have been 16 new cases.

During the wet season, Top End residents should take the following simple precautions to protect themselves from contracting Melioidosis:

- Wear covered waterproof footwear when outdoors
- Wear gloves while working in the garden/soil-based environment
- Cover sores and abrasions with waterproof dressings
- Wear face masks while using high pressure hoses around soil
 - •Stay indoors during heavy wind and rain
- Seek medical attention early

KAKADU TRIATHLON DATE SET FOR MAY 2020

The eighth annual Kakadu Triathlon will be back in Jabiru on Saturday, 9 May 2020, and organisers are encouraging everyone to save the date.

The 2020 event will run in the same format involving the open triathlon and duathlon and the junior races, with the event circuit incorporating the town pool and streets of Jabiru.

"Online registrations will open in a few weeks' time.."

The triathlon and duathlon includes those over 14 years of age and the junior skills events are for those under 14 (ages as at 31 December 2019.)

Organisers are hoping for a



The 2019 Kakadu Triathlon had more than 130 participants and raised over \$10,000 for CareFlight. Photo credit: Peter Keepence Photography.

great turn out of participants once again in 2020, with last year's event attracting over 130 competitors and more than \$10,000 raised for CareFlight. In the 2019 results, Jabiru

participants Mathew Broster did extremely well to take first place in the Men's Open Duathlon and Gavin and Kade Chapman taking the Open Team Duathlon win. Leisa Puckering also came in third position in the Open Women's Triathlon.

A particular thank you must go to Jabiru local Anthony Jones who alone raised more than \$2000 for CareFlight through his fundraising efforts.

General Manager – Northern Territory of CareFlight Philip Roberts said, "CareFlight appreciates the support of the Jabiru community and all the competitors and their supporters from across the Top End. The funds raised will help CareFlight in our mission to save lives and speed recovery."

Online registrations will open in a few weeks' time and for more information, visit the 'Kakadu Triathlon' Facebook page.

SEEKING NOMINATIONS FOR MANINGRIDA LOCAL AUTHORITY

The Maningrida Local Authority is actively seeking nominations from community members to fill one current vacancy on the Board.

Local Authorities, which are established in Minjilang, Warruwi, Gunbalanya and Maningrida, are comprised of community representatives and an elected Chairperson, who advise on specific Council community and social projects that impact on their community or region.

The Local Authorities central function is to support local decision-making.

Each Board receives an annual allocation of funding to be used towards projects of local importance.

If you are interested in

nominating for the Maningrida Local Authority vacancy, please chat to your local Elected Members or obtain a form from the Council Service Manager Yanja Thompson by visiting the Council Office

visiting the Council Office.

Local Authority meetings are also a great opportunity for community organisations and external parties such as Government Departments to make presentations and deepen their understanding of the communities' needs, culture and customs.

Meetings of Local Authorities are open to the public and details of meeting dates and minutes of previous meetings are available on the Council's website: www.westarnhem.nt.gov.au

Minjilang

Thursday, 9 April Thursday, 9 July Thursday, 8 October

Warruwi

Thursday, 16 April Thursday, 16 July Thursday, 15 October

(Please note, these meeting dates are subject to change. See our website for updates.)

MANINGRIDA MORGUE HANDED TO COMMUNITY

Maningrida is celebrating another primary health service milestone with the ownership of the local morgue being transferred to community control recently.

"This is a positive initiative for the Maningrida community.."

Nearly \$800,000 was spent on the Morgue in 2018 to better accommodate the needs of one of the Northern Territory's larger communities and has been managed by Top End Health Services to date.

Additional health services are set to be transferred to the community later this year, with the entirety of the services including the Health Centre itself set to be transferred to community control in 2021.

NT Health who oversee the handing over of health services to communities has been working closely with the Mala'la Health Board to ensure the transition of services, including the morgue, occurs at an appropriate pace.

Maningrida Health Centre is one of the Northern Territory's busiest remote health centres, undertaking over 4,000 consultations per month.

Mala¹a Health Service Aboriginal Corporation CEO Ray Matthews said he would like to thank the Minister for her support in enabling the morgue to be transferred to community control.

"This is a positive initiative for the Maningrida community and will ensure that cultural aspects will be factored into the sensitivity associated with the running of the morgue."

Minister for Health, Natasha Fyles said, "Having a culturally and climatically appropriate morgue under Aboriginal control in a community the size of Maningrida is a significant moment for the Mala'la Health Services and the people of Maningrida.

Member for Arafura, Lawrence Costa said, "It is important for our bush communities to have community control of our primary health services.

LOCAL AUTHORITY MEETING DATES FOR 2020:

Gunbalanya

Monday, 20 April Thursday, 30 July Thursday, 22 October

<u>Maningrida</u>

Thursday, 13 February Monday, 27 April Thursday 23 July Thursday 29 October

WHAT'S ON

If you have an upcoming event you would like to see listed in this space please phone the Wire on 8979 9465 or email wire@westarnhem.nt.gov.au.



The 2020 Kakadu Triathlon will be held on Saturday, 9 May in Jabiru. Online registrations will open shortly. To stay up-to-date, follow the Kakadu Triathlon Facebook page.

WEEKLY

Monday

Jabiru Bushratz Training: Magela Oval, 4.45pm Xango Capoeira: Jabiru Pool Gym, 5pm NT Fire & Emergency Services Training: Jabiru Fire Station, 6pm Kakadu Deadly Runners Training: Magela Oval, 6pm Zumba with Maria: Jim Jim Room, 6pm

Tuesdays

Jabiru Playgroup: Jabiru Court House or Lake, 9:30am Jabiru Bombers football training: Brockman Oval, 5pm Jabiru Firey's Fitness Training: Magela Oval, 5:30pm Aqua Fitness: Jabiru Swimming Pool, 6.15pm Jabiru Art & Craft Group: Town Hall, 7.30pm

Wednesdays

Skins Golf: Jabiru Golf Club, 4.45pm Jabiru Bushratz Training: Magela Oval, 4.45pm Underwater Hockey: Jabiru Pool, 5pm Social Soccer: Magela Oval, 6pm Kakadu Deadly Runners Training: Brockman Oval, 6pm

Thursdays

Story Time: Jabiru Library, 10.30am
Jabiru Bombers Football training: Brockman Oval, 5pm
Jabiru Firey's Fitness Training: Magela Oval, 5.30pm
Aqua Fitness: Jabiru Swimming Pool, 6.15pm
Jackpot Joker Draw, Jabiru Golf Club 7.30pm

Fridays

Kakadu Deadly Runners Training: Magela Oval, 6p Jabiru Golf Club raffles & Members Draw, Jabiru Golf Club, 7pm

Pool competition: Jabiru Golf Club, 7pm

Sundays

Jabiru Firey's Fitness Training 5.30pm

FEBRUARY

Fri 28 Jabiru Junior Bushratz first game, Darwin

MARCH

Sun 1 Bushfire Fundraising Appeal, Jabiru Golf Club **Wed 11** WARC Ordinary Council Meeting, Jabiru

RHD SCREENINGS CONTINUE THROUGHOUT MANINGRIDA

The Pedrino Study team was in Maningrida from January 20 to 24 with the purpose to continue screenings of Rheumatic Heart Disease (RHD) with children while also completing training of health workers from Maningrida as well as other communities.

This training is a fundamental part of getting local staff to screen, treat and educate the community about RHD going forward.

West Arnhem Regional Council pool staff were pleased to be able to host the team for five days while they conducted this vital screening and training.

The Pool is an ideal location which allows the young people relax and have

a swim as a little reward for being brave and getting scanned.

"Continue screenings of Rheumatic Heart Disease with children.."

This positive action has been a continuation following a study by Menzies School of Health Research which revealed children in the West Arnhem Land community of Maningrida and its homelands suffer some of the highest known rates of rheumatic heart disease in the world.

CLEAN UPS REDUCING WASTE IN COMMUNITIES



Young people in Maningrida volunteering their time at the Clean Up Australia Day event in 2019.

Clean Up Australia Day is the nation's largest c o m m u n i t y - b a s e d mobilisation event, and last year more than 680,000 volunteers removed over 15,000 ute loads of rubbish from the 6,901 registered locations across the country.

The event is held in March each year and appeals to all Australians to reduce the amount of waste in their community.

Clean Up Australia Chairman Pip Kiernan said Australia creates 2.5 million tonnes of plastic waste each year. Only 12% of this is recycled with the rest ending up in our parks, roadsides, bush, waterways, oceans or in landfill as rubbish.

"It's our 30th anniversary in 2020," Ms Kiernan said. "To celebrate that milestone, we'd love to see 700,000 Australians cleaning up at 8,000 sites nationally on March 1."

Clean Up Australia is more than just volunteers picking up rubbish. The charity works with community, business, schools and governments all year round to reduce waste and fix waste

problems.

"For 30 years now we've been cleaning up Australia. But Australians are creating more waste than ever, so we need more help. If people are unable to join a Clean Up on March 1, they can step up by donating to help us all year round," Ms Kiernan said.

100% of funds raised through donations are allocated to the provision of educational resources and clean up materials provided free of charge to community, school and youth groups across the nation.

TASTE OF KAKADU CALENDAR SET TO PLEASE

The cultural food festival 'Taste of Kakadu' is back with a sensational program set to immerse Kakadu National Park visitors in a stimulating journey of the senses.

This year's festival will run from 22-31 May and will feature experiences including culinary Jedi master, Paul 'Yoda' Iskov's Fervor - an unforgettable pop-up dining experience combining locally sourced bush tucker, and sumptuous contemporary elements, all against the backdrop of Kakadu's stunning landscape.

"Bursting with an impressive lineup of new experiences plus festival favourites.."

"The 2020 program is bursting with an impressive lineup of new experiences plus festival favourites to celebrate the



The Fervor Masterclass at the 2019 'Taste of Kakadu' food festival was very popular amongst festival-goers. Photo credit: Parks Australia.

region's incredible Indigenous food and culture," said Park Manager, Russell Gueho.

"It's the perfect excuse for Australians to look locally when searching for their next holiday destination. Taste of Kakadu is Australia's premier Indigenous food festival, and allows visitors a unique opportunity to explore our region's cuisine, culture and country."

The pop-up dinners are back

by popular demand, having sold out in previous years. In 2020, Yoda will be hosting two of his trademark dinners along with cooking demonstrations at the Festival Hub, located at the Bowali Visitor Centre, where each weekend, there will be a hive of food stalls, live music and arts and crafts.

Along with Fervor, festivalgoers will be tempted by an enticing array of culinary experiences including stargazing and Kakadu Bininj story-telling at Cooinda Airstrip while enjoying a delectable menu prepared by Cooinda Lodge's head chef; or try your luck crocodile-spotting while cruising through the spectacular Yellow Water wetlands with an onboard menu of native-inspired canapes.

Beyond the Festival Hub, the Mercure Kakadu Crocodile Hotel is the place to be with Kakadu-inspired cocktails and the Escarpment Restaurant serving up a Taste of Kakadu buffet every night, showcasing the best flavours from the NT and Kakadu. Guests can also wander out to the hotel lawns and enjoy a selection of short films from the NT Travelling Film Festival program.

The Marrawuddi Gallery will also provide an opportunity to take in some of the Top End's best Indigenous art with the Man Me Art Exhibition and Rarrk Art Tea Towel Workshop. Visit kakadu.com.au/taste for more information.

more information.



ART CENTRE RETURNS TO HANDS OF ARTISTS

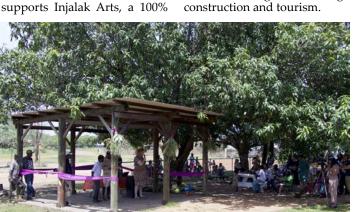
<< From Front Page

Acting Minister for Tourism, Sport and Culture, Eva Lawler said, "The gallery extension works at the Injalak Arts centre will ensure the people of West Arnhem have a workable facility to create new works and engage in the global art economy while providing a place for visitors to experience and purchase authentic Aboriginal art.

"Our Government supports Inialak Arts, a 100%

Aboriginal-owned community organisation which delivers positive social, cultural and economic outcomes for the Gunbalanya community and its surrounding outstations.

The Arts Trail Gallery Extension Program is delivering targeted gallery infrastructure and innovative facilities to complement the Territory Arts Trail in Katherine, Tennant Creek and Arnhem Land. The Program will support jobs and economic growth through construction and tourism



There was a great turn out at the Injalak Arts 'Handing Back Ceremony' in Gunbalanya on Friday, February 14. Photo credit: Injalak Arts.

STAFF LINDERTAKE LIFFSAVING TRAINING



West Arnhem Regional Council staff in Jabiru undertaking first aid training recently.

A number of West Arnhem Regional Council staff from Jabiru, Minjilang and Warruwi undertook first aid training earlier this month.

The first aid trainer Marty was able to deliver the First Aid course in a way which was relatable, practical and easy to understand for staff from all different cultures and backgrounds.

Council staff from Minjilang

and Warruwi, including the Crèche staff, expressed how much they enjoyed the course. The Jabiru works crew also did a great job on the day with answering many of the first aid questions.

There are many positive outcomes from this training with the staff now equipped with the necessary skills to assist anyone in need of medical attention.



Gunbalanya community members supporting the 'Handing Back Ceremony'.

LIVE & WORK

ARNHEM LAND & KAKADU



WEST ARNHEM

Senior Works Officer – Minjilang
Permanent - Full Time - Accommodation available -

Applications close 8am, Monday 2 March 2020.

- Food Preparation Officer / Cook Jabiru
 Fixed Term 12 months Part time 20 hours per week No accommodation –
 Applications close 8am, Monday 2 March 2020.
- Senior Works Officer Gunbalanya
 Permanent Full Time Accommodation available -Applications close 8am, Monday 24 February 2020.
- Senior Works Officer Warruwi
 Permanent Full Time Accommodation available -Applications close 8am, Monday 24 February 2020.
- Fixed term 3 years Full Time Accommodation available.
 Applications close 8am, Monday 17 February 2020.
- Essential Services Officer Gunbalanya
 Fixed term until 30 November 2021 Full Time Accommodation available Applications close 8am, Monday 17 February 2020.
- Community Care Assistants Gunbalanya
 Male and Female Casual No accommodation.

 Applications close 8am, Monday 17 February 2020.
- Pool Officer Jabiru
 Casual No accommodation All applications will be considered.

To apply:

Please visit our website to download position description. All applications must be submitted via our website: https://www.westarnhem.nt.gov.au/employment Please phone 08 8982 9522 or email vacancy@westarnhem.nt.gov.au.

Indigenous people are encouraged to apply

RESOURCES AID EARLY LEARNING DEVELOPMEN

The Jabiru Childcare Centre now proudly features a brand new sandpit in the outdoor area which will be enjoyed by the young people in the community for many years to come.

With the aim to continue to build on the educational resources available, the sandpit will be a fundamental part the early learning development skills motor

sense of touch.

By also using additional equipment in the sandpit such as scoops, shovels and buckets, the children can also further develop their physical skills, including hand and eye coordination.

All of the skills will greatly assist the children when they head off to school.

This project was funded and completed by West Arnhem Regional Council.







(above and right) The new sandpit at the Jabiru Childcare Centre is a hit with the young participants.



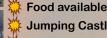
Jabiru Golf Club



Mega Raffle - draws throughout the day tickets only \$5 each or 5 for \$20



Mystery Team Ambrose \$10/player, tee of at 10am



Jumping Castle

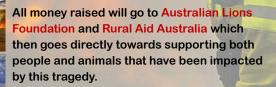


Cakes by Playgroup



Entertainment for the kids





Please dig deep Jabiru community and be proud to be an Aussie ... Oi Oi Oi

For more information, or if you have any great ideas to raise money or would like to help out in any way, please contact:

Treen Bangay 0421 814 462 Sue McWhirter 0438 955 002

Peter Keepence

strong communities | working together



'LOCAL PEOPLE LOCAL VOICES'

Nominate for your LOCAL AUTHORITY...

The Maningrida **Local Authority** is seeking nominations to fill one vacancy.

What does this mean for you and your community?

A strong Local Authority will make informed decisions on issues and get things done based on recommendations which come from within the local community.

What is a Local Authority?

The Local Authorities central function is to support local decision-making. Each Board receives an annual allocation of funding to be used towards projects of local importance.

What is the commitment?

Local Authority members meet four times a year.

More information?

Chat to your local Elected Members Matthew Ryan, David Jones, Valda Bokmakkarray and

For a nomination form, please see the Council Services Manager Yanja Thompson at the Council Office or call 8979 6600



MANINGRIDA WATERPOLO COMPETITION HEATS UP



The Maningrida Pool has been hosting regular waterpolo sessions for all community members to join in.

Regular waterpolo sessions have been taking place at the Maningrida Pool, and so far in 2020, the competition is going strong.

Maningrida Pool Team Leader Loki Nicolson said, along with the weather, both participant numbers and the competition are heating up.

"We are getting a good mix of young and old, experienced players and newcomers. Everyone seems to pick up the game pretty quickly and if the noise coming from either end during the game, along with the exhausted faces at the end of a game, is anything to go by, people are really enjoying it!"

All are welcome to attend these sessions and see the pool staff for more information.

JABIRU BUSHRATZ RETURN FOR A BUMPER 2020 SEASON

It is that time of year again when all the Jabiru Bushratz start getting excited as the rugby union season is just around the corner.

The 2020 Darwin Junior Club Rugby competition will kick off on Friday, February 28, running through until week 9 of Term 2.

Training is every Monday and Wednesdays at 4.45pm – 6pm at Magela Oval.

We encourage all players, parents and community members who want to be involved in any way shape or form to turn up for both trainings each week and have some fun with their mates as well as continuing to learn the game and evolve as young rugby players.

Bushratz Rugby Union Club is also having a weekend camp in Jabiru on February 14 to 16.

The weekend camp will not only involve rugby union content, it will include and focus on team building, team work, healthy lifestyles, leadership and a variety of fun inclusive games and fundamental movement skills

The camp will incorporate the holistic, physical literacy approach where all four domains are embraced, which are: social, cognitive, psychological and physical.

The camp is also aimed at parents/community members who are keen to get involved this year in any way

shape or form.

There will be a 'Kids Coaching Course' on Friday evening (theory based around SMART Rugby) and Saturday morning (practical based around games).

This will help build the Bushratz workforce on the ground.

To help assist with this dynamic weekend camp, Northern Territory rugby union and Triathlon NT are coming out for the weekend, bringing their expertise and passion to help run an action packed weekend of fun, learning and activities.

The Jabiru Bushratz rugby union programs main emphasis is building a highly inclusive and exceptionally fun atmosphere where people of all ages want to be a part of and involved in.

Our program's mission is to engage, develop and empower individuals towards lifelong participation in sports so they can live and lead an active, healthy lifestyle that they can enjoy.

This is done and achieved by positive first experiences, exploration and exposure of different fundamental skills, activities and games.

The Bushratz welcome and look forward to seeing any new players and community members down at training.

Please contact Bryn Templeman or Andrew Lehmann for any further information.



The mighty Jabiru Bushratz wrapped up a successful year in 2019 and hope to continue their reign this year.

MESSAGE FROM JABIRU POLICE

A reminder to all community members, that if you require Police attendance and the matter is not serious, please call 131 444, rather than the Jabiru Police Station directly.

The Police Station number (8979 2122) is for when you require to speak to a member of the station directly. You will be greeted by a recorded message and will have to *press* 1 to be put through to the station phones.

All urgent matters please call 000.

Golf buggies - It appears that the message is not getting through. To drive a golf cart on a road or public place, the cart must be registered and you must be licensed to drive it.

Furthermore, if you are intoxicated you can and will be given a roadside breath test.

If you blow above .05, you can and will be referred to the court.

Readings above .08 carry licence suspensions of 6 months or more and this can impact you in a number of ways, including your status of employment.

Jabiru Police will be targeting illegal use of golf carts as a matter of priority.

JABIRU PLAYGROUP SUPPORTING FAMILIES

The Jabiru Playgroup has resumed for the year and is held every Tuesday from 9.30am to 11am. During the wet season it is held at the Courthouse and in the dry season it is held at the Jabiru Lake.

New families are welcome and membership to NT Playgroup is \$20 for a full year per family, \$10 (concession) and \$10 half year. Each session is just \$2 per child and please bring a healthy snack to share with the group.



The Jabiru Playgroup members at the 2019 Playgroup Christmas Party.

YELLOW WATERS BOAT RAMP CLOSED

Jabiru residents and visitors to Kakadu are reminded that Yellow Water (Ngurrungurrudjba), car park, boat ramp and boardwalk are now closed due to rising water levels. Yellow Water Cruises are operational, visitors booked on the cruise are advised to board the shuttle buses provided at Cooinda Lodge.

For more information, please visit parksaustralia.gov.au/kakadu/access

For more information about Kakadu National Park, contact the Bowali Visitor Centre on (08) 8938 1120.

COLLABORATIVE SCHOOL HOLIDAY PROGRAM

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Other events included the Australia Day celebrations at the end of January which involved a community barbecue and a traditional game of cricket was also played amongst the youth in the afternoon.

The Youth, Sport and

Recreation team wish to thank the stakeholders who supported the program including the school, crèche the works crew and the Traditional Owners.

The team are very thankful for the support to make the holidays great for the entire community.



2020 TRIATHLON TRAINING PROGRAN



Jabiru residents participating in the Kakadu Triathlon training program in 2019.

A complimentary training program for the 2020 Kakadu Triathlon will take place in March and everyone is welcome to join in.

The eight-week program involves all components of the triathlon including technique and distance swim sessions, running training and bike endurance sessions.

These weekly introductory sessions aim to identify areas for improving technique and endurance before culminating in the Kakadu Triathlon on Saturday, 9 May in Jabiru.

These sessions are facilitated by the West Arnhem Regional Council Sport and Recreation Team with thanks to Kakadu Deadly Runners as well for their support. The weekly program will be posted on the Kakadu Triathlon Facebook page if you would like to train at your own pace or if you miss a session.



Wire Newsletter

I'm a territory girl, born and raised in Darwin and love the outdoors particularly, fishing, camping and hiking, Growing up, I knew I wanted to help people so after finishing high school, I travelled to Adelaide for a couple of years to attain my Masters in Physiotherapy. Returning to Darwin to start my career has been amazing as Bodyfit NT have provided me with the opportunity to help people across the Top End. I will be traveling to Gunbalanya once a month to provide Physiotherapy services for conditions such as chronic diseases, women's health, paediatric conditions and general aches and pains. I will also be running women's and men's exercise groups and the Healthy Living Stay Strong Bush Trip. Come and see me at the clinic for more information!

Dates of visits Monday - Wednesday	
February 17 th -19 th	
March 16 th – 18 th	
April 6 th – 8 th	
May 18 th – 20 th	
June 22 nd – 24 th	







WARRUWI STAKEHOLDERS UNITE FOR ACTIVITIES

West Arnhem Regional Council's (WARC) Youth, Sport and Recreation (YSR) program in Warruwi started the New Year in style with the hall being the central location for all events and activities during the holidays.

"The team are very thankful for the support to make the holidays great for the entire community.."

Some of the holiday highlights from December was the end-of-year Christmas



Warruwi community members attending one of many discos which were held during the West Arnhem Regional Council school holiday program.

party for students, parents and community members. WARC supported this event by helping with the barbecue, handing out awards and putting up the inflatable screen to display highlights captured by the school throughout the year.

On Christmas Eve, the team ran activities throughout the evening including home economics, basketball, a movie night and a disco.

The chill space was also opened up for the younger kids to interact and engage with each other while using the iPads for games and educational resources.

A similar event also took place on New Year's Eve with the youth getting involved in basketball and a disco and dance off.

To kick off 2020, the holiday program included a movie night as well as sporting activities including gymnastics and junior football outside the hall.

Basketball was also a sport of choice and it was such a success, the team would like to organise an official tournament amongst community members.

Read more, Page 9 >>





The Warruwi Recreation Hall was the hub for activities during the recent school holidays.

ALBERTO LUGLIETTI MEMORIAL POOL

OPENING HOURS

 Monday
 12.00pm - 6.30pm

 Tuesday
 12.30pm - 6.00pm

 Wednesday
 12.00pm - 6.30pm

 Thursday
 12.30pm - 6.00pm

 Friday
 12.00pm - 6.30pm

 Saturday
 12.00pm - 6.30pm

 Sunday
 12.00pm - 6.30pm

 Public Holidays
 12.00pm - 6.30pm

Additional wet season hours 1 October - 30 May

 Tuesday
 6.00am - 8.00am

 Thursday
 6.00am - 8.00am

 Saturday
 9.00am - 6.30pm

CLOSED Good Friday, Christmas Day, New Year's day NO SCHOOL, NO POOL POLICY

8 Iane Olympic pool - children's pool - children's playground barbecue facilities - shower facilities - undercover gym kiosk with drinks and snacks - shaded picnic tables

A safe place to swim in the heart of Kakadu!

Regular & casual pool passes available Visitors welcome!

