



The Warruwi Community held a lovely afternoon tea to celebrate International Women's Day on Friday, 8 March. The theme this year was Inspire Inclusion. Read more, page 2.

## MAYOR STEPS DOWN FROM ROLE

West Arnhem Regional Council extends huge gratitude and thanks to Mayor Matthew Ryan who has officially stepped down as Mayor but will remain on Council as an Elected Member.

Matthew's decision follows the announcement that he was elected as Chairperson of the Northern Land Council (NLC) earlier this week.

Matthew has been a fierce advocate for the constituents of the West Arnhem Communities for two decades, serving as a Councillor for the Maningrida Ward since 2008 and as Mayor since 2017.

As Mayor, he has led with strength, tenacity and with an unparalleled commitment to fight for positive change for Aboriginal people.

He has been a leading voice for promoting Aboriginal rights and a representative for those who have been forgotten and remain disadvantaged.

Over the years, Matthew has campaigned at the highest levels for the issues which affect remote communities including health, electoral participation, telecommunications, education and empowering Aboriginal people through constitutional change.

*"He has been a leading voice for promoting Aboriginal rights and a representative.."*

Matthew's leadership has left a lasting legacy, not only in the West Arnhem Communities but also in broader regional and national discussions.

His involvement in critical matters, including the National Referendum Engagement Group and the Senate Inquiry into the sunseting of the Stronger Futures legislation, showcases his commitment to ensuring Aboriginal voices are heard at the highest levels. As Matthew commences his new role as Chairperson of the Northern Land Council, it's evident that his passion for promoting Aboriginal rights and empowering Communities will continue to make a positive impact across the NLC regions.

He is a true leader who has truly made a difference to the lives of many.

On behalf of the constituents of West Arnhem Communities, West Arnhem Regional Council Elected Members and staff express gratitude for Matthew's achievements and successes as Council's Mayor.

## INSIDE THIS EDITION

### GRADUATION AT COMMUNITY CARE



Kakadu Community Care team complete Certificate IV in Community Services.

PAGE 3 >

### BE PREPARED FOR EMERGENCIES

SecureNT



### Cyclone and flood season

Cyclones and floods are a natural part of the Top End of the Northern Territory. Make sure you are prepared and know what to do if a cyclone or flood.

West Arnhem residents are urged to prepare your family, home and pets for storms and flooding.

PAGE 2 >

### ROAD REPAIRS IN MANINGRIDA



Council's works crew have been doing a great job carrying out road repairs this wet season.

PAGES 9 >

### CELEBRATING MINJILANG DAY



More than 50 Community members turn out to celebrate Minjilang Day.

PAGE 6 >

## FLOOD AND CYCLONE ADVICE

West Arnhem residents are urged to prepare your family, home and pets for cyclones and flooding.

There are a number of precautions Community members can take to prepare and the NT Police, Fire and Emergency Services encourages everyone to have an emergency plan in place with an emergency kit.

### PREPARE AN EMERGENCY KIT

A full list of what residents should include in their emergency kit can be found on the SecureNT website: <https://securent.nt.gov.au/prepare-for-an-emergency>

#### Your emergency kit should include:

- battery-operated radio with spare batteries
- torch with spare batteries, candles and waterproof matches
- first aid kit and manual with any essential medicines that may not be found in a basic kit
- a change of clothes for each member of the household (wind and waterproof, hats, leather gloves, strong protective closed-in shoes)
- blankets or sleeping bags
- toilet paper and essential toiletries, including sunscreen
- special needs for infants (food, formula, nappies, toys), the aged or people with disabilities
- money, including change for phone calls
- important family documents (birth and marriage certificates, driver's licence, passports, insurance policies and photos)
- strong and sealable plastic bags (for clothing, valuables, documents and photographs)
- a mobile phone, spare battery and charger
- extra car and house keys
- a copy of your household plan
- pet supplies
- non-perishable foods (dried and canned - label cans and don't forget the can opener)
- 10 litres of bottled water per person (three days plus)
- portable cooker (if using gas remember to have spare canisters or bottles)
- cooking equipment and eating utensils
- A cloth face mask or multiple disposable masks, hand sanitiser and disinfectant wipes

### HOW TO KEEP UP-TO-DATE?

#### SECURENT

The SecureNT website includes up to date emergency alerts and warnings from the Bureau of Meteorology (BOM), NT Police, Fire and Emergency Services, Road Report NT, Power and Water and Bushfires NT.

It also features useful information about how to prepare for a cyclone, find an emergency shelter, how to prepare pets for emergencies, what to put in an emergency kit, how to create an emergency plan and more. See the website: <https://securent.nt.gov.au/> You can also follow SecureNT on Facebook: <https://www.facebook.com/secureNT/>

#### BUREAU OF METEOROLOGY

For up to date information on weather forecasts and warnings go to the Bureau of Meteorology website: <http://www.bom.gov.au/nt/warnings>



West Arnhem Regional Council acknowledges the First Nations Custodians; and the many Language and Family groups who are Managers and Care-takers to each of their Traditional homelands and Waters across the West Arnhem Regions Wards. West Arnhem Regional Council pay their respects and acknowledge Elders, past present and rising.

*The Wire* is the only regular source of news and information in the Kakadu and West Arnhem Land region. More than 500 copies are distributed fortnightly to Jabiru, Warruwi, Minjilang, Maningrida and Gunbalanya.

Our electronic edition goes out to more than 500 individual email addresses across West Arnhem Land and the Top End.

*The Wire* accepts advertising from businesses and government organisations. Placement of ads is subject to editorial and Council policy.

Our competitive rates start from as little as \$72 (including GST). Call 08 8979 9465 today or email [wire@westarnhem.nt.gov.au](mailto:wire@westarnhem.nt.gov.au) to discuss how we can help you spread your messages around West Arnhem Land.

### ADVERTISING DEADLINES

Bookings: 5pm Monday prior to publication

Artwork: 5pm Tuesday prior to publication

*The Wire* is published fortnightly on Fridays.

*The Wire* is published by West Arnhem Regional Council. The views expressed here do not necessarily reflect those held by the Council or Councillors.

West Arnhem Regional Council  
PO Box 721, JABIRU NT 0886

[www.westarnhem.nt.gov.au](http://www.westarnhem.nt.gov.au)

Call (08) 8979 9465 or email [wire@westarnhem.nt.gov.au](mailto:wire@westarnhem.nt.gov.au)

## CELEBRATING WOMEN IN WARRUWI

The Warruwi Community held a lovely afternoon tea to celebrate International Women's Day on Friday, 8 March with female staff from West Arnhem Regional Council, Yukti from Ajurumu Store, Jenny Manmururlu from the School and aged care client Pamela Newman.

Council Services Manager Matt Griffiths recognised the wonderful females and Elders in Warruwi.

The women in attendance spoke around a Women's Yarning Space which they intend to commence in the coming weeks. The hope is for female leaders to talk to younger females and impart some wisdom about respecting themselves as



well as others. Council's Acting Wellbeing Services Coordinator in Warruwi Andie Hocking said, "I personally want to give thanks to being

able to work and live in a community where there is such a passionate, vibrant female leadership whose voices are strong, loud and proud".

## TUNE INTO TEABBA RADIO

Maningrida Radio	106.1 FM
Minjilang Radio	106.1 FM
Gunbalanya Radio	106.1 FM
Warruwi Radio	106.1 FM
Jabiru Radio	98.9 FM



**TEABBA**

TOP END ABORIGINAL BUSH  
BROADCASTING ASSOCIATION



## WARC COMMUNITY CARE SERVICES IN KAKADU

In Kakadu, West Arnhem Regional Council's (WARC) Community Care team delivers a unique service to Aged Care and NDIS clients. The service stretches as far and wide to Whistle Duck Outstation also known as Djirribiyak located 17 kilometres off the Kakadu Highway and across to Mamukala Outstation that is located 24 kilometres off the Arnhem Highway.

We are hoping to expand our service as far as Spring Peak (70 kilometres away) and Jim Jim (56 kilometres away) in the dry season.

Twice a day, the team delivers to current

Aged Care clients/husband and wife duo (pictured) Joy Nabegeyo and John Lemibanda who are always at the Marrawuddi Arts Centre creating new art. Joy is a very talented weaver, she loves receiving her meals in a space which she feels so comfortable in whilst her husband John sits silently, head deep into the canvas using his paint brush.

Pictured with John and John are our dedicated Community Care officers Rosie Woods and Karen Bulliwana.

Pictured is Rosie Woods driving out to Whistle Duck on the dirt track.

Jabiru Wellbeing Services Coordinator, Geraldine Narul enjoys travelling out to the outstations to deliver meals to our clients,

"As we are driving, Rosie points out the sections of the lands and significance it holds. Since I have commenced in Jabiru I feel I have gained more than what I have expected, and I am very grateful for the opportunity to be working with such wonderful staff".

If you would like to know more about WARC's Community Care Services, you can contact Geraldine on 8979 9414.



Pictured with John and John are our dedicated Community Care officers Rosie Woods and Karen Bulliwana.



Community Care officer Rosie Woods delivering meals.

## KAKADU AGED CARE TEAM CELEBRATED AT GRADUATION

West Arnhem Regional Council recently celebrated the accomplishments of the Community Care team in Kakadu as they graduated from the Certificate IV in Community Services. The graduation ceremony was held at the Jabiru Library where Marcia Brennan, Karen Bulliwana and Rosie Woods received their certificates. Their trainer, Poppy Reece, together with their managers and fellow colleagues share a great moment to celebrate this achievement.

Council Services Manager Dana Hewett expressed pride in the team's dedication and efforts over the past 18 months.

"This is a significant accomplishment for the team and their extended knowledge will be of great value to the participants in

our Kakadu Community Care program".

Sally Morris, Director at Response Employment and Training, the organisation that delivered the training program, expressed that "it has been a pleasure working with the Jabiru aged care team and watching them grow in their roles. They were very welcoming, and we enjoyed working alongside of them through their training. Their dedication to the development of their skills have greatly benefited the local aging community and we wish them all the best in their future development".

The Council is very proud of our graduates and is extremely happy to have played an important part in their current and future career successes. Congratulations!



Kakadu Community Care Officer Rosie Woods, Team Leader Marcia Brennan and Community Care Officer Karen Bulliwana with their Certificate IV in Community Services following the graduation ceremony.

## WHAT'S ON

### HARMONY WEEK

CELEBRATES HOW ALL  
OF OUR DIFFERENCES  
MAKE AUSTRALIA A  
GREAT PLACE TO LIVE!

HARMONY.GOV.AU



Harmony Week runs from 18 - 24 March and is a celebration that recognises our diversity and brings together Australians from all different backgrounds.

### WEEKLY

#### Monday

Underwater Hockey: Jabiru Pool, 5pm

Fire Station Training: Jabiru Fire Station, 6pm

#### Tuesdays

Jabiru Playgroup: see the Facebook page, 9:30am

Bombers football training: Brockman Oval, 5:30pm

Jabiru Fire's Fitness Training: Magela Oval, 5:30pm

Aqua Fitness: Jabiru Swimming Pool, 6.15pm

Jabiru Art & Craft Group: private residence (enquire directly) 7.30pm

#### Wednesdays

Skins Golf: Jabiru Golf Club, 4.45pm

#### Thursdays

Story Time: Jabiru Library, 11.00am

Jabiru Bombers Football training: Brockman Oval, 5pm

Jabiru Fire's Fitness Training: Magela Oval, 5.30pm

Aqua Fitness: Jabiru Swimming Pool, 6.15pm

Jackpot Joker Draw, Jabiru Golf Club 7.30pm

#### Fridays

Jabiru Golf Club raffles & Members Draw, 7pm

Pool competition: Jabiru Golf Club, 7pm

#### Sundays

Jabiru Fire's Fitness Training 5.30pm

### MARCH

**Wed 20** WARC Ordinary Council Meeting, Jabiru

**Wed 20** World Oral Health Day

**Thu 21** WARC Local Authority Meeting, Minjilang

**Thu 21** National Close the Gap Day

**18-24** Harmony Week

**Tue 26** WARC Risk Management & Audit Committee Meeting

## GRANT OPPORTUNITIES FOR WEST ARNHEM COMMUNITIES

West Arnhem Regional Council's Business Development Team can access a lot of information about grants.

Each month, we will highlight two grants that West Arnhem residents may be interested in.

*"We will highlight two grants that West Arnhem residents may be interested in.."*

Check the grant guidelines to make sure you qualify to apply and the grant does what you want it to, then give it a crack. There are literally hundreds of grants happening at any one time.

If you have a project or a passion, you are welcome to contact us to see if we can find a grant that might help you grow your idea.

If you are interested in health, agriculture, education, sustainability, technology, music, conservation, art, sport and so

much more, the opportunities are there. To find out if there is a grant we know about that can help you, please contact [grants@westarnhem.nt.gov.au](mailto:grants@westarnhem.nt.gov.au).

Here are this month's highlighted grants: [Pathways to politics for women \(closing date 24 April 2024\)](#)

[Changing the face of politics - Pathways to Politics](#)

The Pathways to Politics Program for Women is a national, proudly non-partisan initiative that aims to change the face of politics by equipping women with the skills, knowledge, confidence and networks they need to run for elected office and thrive as political leaders.

[Churchill Fellowships \(closing date 1 May 2024\)](#)

[Become a Fellow - Churchill Trust](#)

A Churchill Fellowship offers Australian citizens a life-changing opportunity to travel within Australia or overseas for 4 to 8 weeks to learn more about a topic or issue that they are passionate about.

## ROLL OUT OF STREET LIBRARIES CONTINUES



The presence of street libraries across West Arnhem Communities is continuing to expand!

The most recent street libraries, purchased by the Jabiru Public Library, have been set up a Waruwi (at the school) and Minjilang (at the clinic). These street libraries are now officially registered and mapped with Street Library Australia which means they appear on the Street Libraries online map for everyone to locate.

West Arnhem Land is a huge area and is home to many First Nations families who are cut off from access to townships because of seasonal rains and large distances.

The Jabiru Public Library symbolises a lifelong commitment to literacy in West Arnhem Land, and, thanks to the street library initiative, we have been able to take another positive step towards making literacy more accessible to our most remote communities!

What is a street library?

Street libraries are a window into the mind of a community; books come and go; no-one needs to check them in or out.

People can simply reach in and take what interests them; when they are done, they can return them to the street library network, or pass them on to friends.

You can read more at: [www.streetlibrary.org.au](http://www.streetlibrary.org.au). Happy Reading...



# COMMUNITY CELEBRATION AT DALUK CENTRE



For International Women's Day, West Arnhem Regional Council's Gunbalanya Safe House collaborated with Team Health to partake in some morning pampering activities at the daluk centre before putting a Community sausage sizzle.

The Safe House wanted to celebrate and recognise the achievements, contributions and resilience of the women in the Gunbalanya Community.

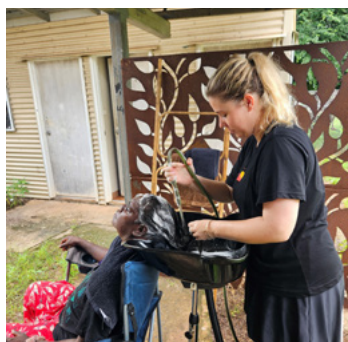
This year's theme was Inclusion.

The women of Gunbalanya participated in the day with

a diverse beauty style of pampering as self-care and with each other.

The barbecue was held at the park for all of the Community, including for the men to join in celebrating women.

Thanks must go to: Team Health for collaborating with the women's morning activities, Gunbalanya Meats for the donation of meat, Joe at the service station for donating drinks and CDP/ALPA which donated bread. The event was supported by the Northern Territory Government.



## EL SHERANA ROAD UPGRADES COMPLETE

Exciting news for the township of Jabiru. The Northern Territory Government (NTG) has just finished renovating El Sherana Road. The new upgrade ensures safer travel and easier access to the newly built Jabiru Hybrid Power Station, the Sewer Ponds and the Jabiru Waste Station.

The El Sherana Road makeover began in August 2022 and wrapped up in October 2023. The road was realigned to incorporate the

full entry to the Jabiru Hybrid Power Station, marking the official completion of the Jabiru Hybrid Power Station funded by the NTG.

The NTG has not only delivered on its promise of a new Power Station but has also made sure that access to the industrial areas is easier and safer for everyone in Jabiru. These upgrades are a positive step forward, creating a more connected and accessible Jabiru.



## HARMONY WEEK

CELEBRATES HOW ALL  
OF OUR DIFFERENCES  
MAKE AUSTRALIA A  
GREAT PLACE TO LIVE!

[HARMONY.GOV.AU](https://www.harmony.gov.au)





# COMING TOGETHER TO CELEBRATE MINJILANG DAY



The island Community of Minjilang sure knows how to celebrate – the Minjilang way! Minjilang was at last able to celebrate Minjilang Day, supported by Australia Day NT and stakeholders in the Community.

More than 50 residents came together to mingle, laugh and celebrate living together in harmony.

There was plenty of food, some lucky door prizes and the water pistols were a hit with the young people who were running around and laughing.



## Northern Territory Treaty Symposium

Garramilla,  
Darwin  
8 April 2024

You're invited to a premiere event that will bring together Aboriginal organisations, leaders and community representatives to learn about the treaty process in the NT and to share and discuss views on treaty and truth-telling in the Northern Territory.

The Symposium will provide delegates a forum for open dialogue about treaty and related matters in the NT, to be informed through the exploration of the treaty-making framework and recommendations proposed in the Northern Territory Treaty Commission's Final Report.

This is an ideal opportunity to be inspired, learn, celebrate and provide valuable feedback for progressing Treaty in the NT.

### Who should attend?

- Aboriginal Leaders and Elders
- Community Representatives
- Aspiring and Future Leaders
- Aboriginal Organisations
- Academics and Researchers
- Land Councils
- All levels of Government including regional councils
- Anyone with an interest in Aboriginal leadership, governance, Treaty and truth-telling in the NT.

### Registration

General Admission is free, however registration is essential.

Tickets will provide admission to the NT Treaty Symposium in Darwin on Monday April 8, 2024.

To find out more contact:  
**The Office of Aboriginal Affairs**  
08 8999 8905 or [oaa@nt.gov.au](mailto:oaa@nt.gov.au)

SCAN ME

Registration closes  
Thursday 21 March 2024  
Unless sold out prior



## Maningrida Local Radio

Tune in to 106.1



WEST ARNHEM  
REGIONAL COUNCIL

TEARBBA  
TOP END ABORIGINAL BUSH BROADCASTING ASSOCIATION

[aboriginalaffairs.nt.gov.au](http://aboriginalaffairs.nt.gov.au)





# INTERNATIONAL WOMEN'S DAY HIGH TEA

There was a wonderful turn out at the International Women's Day High Tea in Jabiru with around 43 people in attendance.

Hosted by West Arnhem Regional Council, Community members from diverse backgrounds came together at the Jabiru Library to celebrate, share positive conversations and enjoy some special high tea food options.

The highlight was listening to guest speaker, Red Lily Health Public Health Team Leader Alicia Smith, who spoke passionately about women's health and Red Lily's approach towards closing the gap within Aboriginal health.

Attendees were also given some special Yaye self-care pamper products to take home with them as a gift. The event was proudly supported by the Northern Territory Government.



## Don't get MELIOIDOSIS



Melioidosis is a serious disease caused by germs in our soil that surface after heavy rains. These germs enter your body through cuts and sores or you can breathe them in.

**Your risk is greater if you have diabetes, kidney disease, drink too much alcohol, or have a weakened immune system.**

### Protect yourself from melioidosis

- Wear shoes during the wet season
- Wear gloves when working outside
- Wear a mask when using a high pressure hose
- Stay indoors during storms
- Take it easy with alcohol



For more information visit [health.nt.gov.au](http://health.nt.gov.au) or web search 'melioidosis fact sheet'

## Aboriginal Leadership and Governance Forum NT Treaty Symposium

Mparntwe,  
Alice Springs  
4 - 5 April  
2024

You're invited to a premiere event that will bring together Aboriginal organisations, leaders and community representatives for two days to share stories, challenges and opportunities about Aboriginal leadership, governance and discuss treaty and truth-telling in the NT.

Day One will comprise the Aboriginal Leadership and Governance Forum, hearing first-hand about different leadership styles and governance practices, along with the challenges and opportunities facing Aboriginal people. The theme for this year's forum is 'Truth and Healing' and will complement treaty discussions the following day.

Day Two will provide delegates a forum for open dialogue about treaty and related matters in the NT, to be informed through the exploration of the treaty-making framework and recommendations proposed in the Northern Territory Treaty Commission's Final Report.

This is an ideal opportunity to be inspired, learn, celebrate and provide valuable feedback for progressing Treaty in the NT.

### Who should attend?

- Aboriginal Leaders and Elders
- Community Representatives
- Aspiring and Future Leaders
- Aboriginal Organisations
- Academics and Researchers
- Land Councils
- All levels of Government including regional councils
- Anyone with an interest in Aboriginal leadership, governance, Treaty and truth-telling in the NT.

### Registration

General Admission to both days is free, however registration is essential.

Tickets will provide admission to the Aboriginal Leadership Governance forum and the NT Treaty Symposium in Mparntwe, Alice Springs.

To find out more contact:

The Office of Aboriginal Affairs  
08 8999 8905 or [oa@nt.gov.au](mailto:oa@nt.gov.au)

SCAN ME

Registration closes  
Thursday 21 March 2024  
Unless sold out prior



[aboriginalaffairs.nt.gov.au](http://aboriginalaffairs.nt.gov.au)





## KARRIMANJBEKKAN AN-ME KAKADU: TASTE OF KAKADU

Kakadu's annual signature cultural and food spectacular KarrimanjbeKKan An-me Kakadu: Taste of Kakadu is shaping up to be a feast for all senses. This year's three-day program runs from 24-26 May and promises delicious local cuisine featuring bush ingredients and exciting, unique cultural experiences and activities against the stunning backdrop of a UNESCO World Heritage-listed natural wonderland. The annual festival offers visitors the chance to learn about Bininj/Mungguy and their deep connection to Country, culture and community.

Highlights from this year's program include:

- Hands-on workshops including painting, women's cultural weaving and men's spear making
- Cooking demonstrations and classes using native ingredients
- Dinner under the stars with exquisite flavours inspired by local ingredients
- Morning tea cruises on lily-lined billabongs with Yellow Water Cruises
- Ranger-guided bush tucker walks through magnificent wetlands and woodlands
- Live music and performances



Photo credit: Parks Australia

## 13YARN CRISIS SUPPORTERS AVAILABLE FOR EVERYONE



Going through a tough time?

If you, or someone you know, are feeling worried or no good, we encourage you to connect with 13YARN on 13 92 76 (24 hours/7 days) and talk with an Aboriginal or Torres Strait Islander Crisis Supporter.

This is your story; your journey and we will take the time to listen.

No shame, no judgement, safe

place to yarn.

We're here for you.

<https://www.13yarn.org.au/>

- 13YARN is run by Aboriginal and Torres Strait Islander people

- Free and confidential service available 24/7 from any mobile or pay phone

- Aboriginal & Torres Strait Islander Crisis Supporters to yarn to.

### WORK IN & EXPERIENCE ARNHEM LAND & KAKADU



#### Jabiru

**Early Childhood Educator Group Leader** – Level 4/5 \$68k - \$77k – Permanent - Full Time, Subsidised Accommodation provided - Applications close Wednesday 27 March

**Works Officer** – \$36 - \$43 p/h (Includes 25% casual loading) – Casual, MR/HR licence preferred No accommodation provided – open until filled

#### Maningrida

**Plumber** – Level 8 \$95k - \$101k – Permanent - Full Time, Subsidised 1 bedroom donga provided - Applications close Wednesday 20 March

**Team Leader – Parks** Level 5 \$74k - \$77k – Permanent - Full Time - No accommodation provided – open until filled

#### Minjilang

**Utilities Support Contract Officer** – Level 5 \$74k - \$77k – Fixed term – Full time, Subsidised 2 bedroom donga provided - Applications close Wednesday 3 April

#### For more information:

Please phone 08 8979 9404 or

email [vacancy@westarnhem.nt.gov.au](mailto:vacancy@westarnhem.nt.gov.au)

#### WEST ARNHEM



REGIONAL COUNCIL

Indigenous people are encouraged to apply



# CARRYING OUT ROAD REPAIRS IN MANINGRIDA

West Arnhem Regional Council's works crew have been doing a great job carrying out road repairs this wet season. In Maningrida, the works crew have been fixing pot holes when weather conditions allow. Pictured is George, Oliver and Richard working on the road outside Hasty Tasty and along Airport Road. The team including George, Oliver, Fonzie and Chris, have also been installing and swapping over speed bumps located outside the aged care and one near the school. All this hard works keeps Community members safer on roads.



## 5 DIMENSIONS OF RECONCILIATION

Reconciliation Australia's vision of reconciliation is based and measured on five dimensions: historical acceptance; race relations; equality and equity; institutional integrity and unity.

These five dimensions do not exist in isolation, but are interrelated. Reconciliation cannot be seen as a single issue or agenda; the contemporary definition of reconciliation must weave all of these threads together. For example, greater historical acceptance of the wrongs done to Aboriginal and Torres Strait Islander peoples can lead to improved race relations, which in turn leads to greater equality and equity.



## Ask your mob, your way, RU OK?

“Come from a place of love and care. It's not about judging them for the way they've been behaving.”

**Karen**

Meriam, Wagadagam



**STRONGER TOGETHER**  
[ruok.org.au/strongertogether](http://ruok.org.au/strongertogether)

**RU OK?**  
A conversation could change a life.



## WOLEH WOLEH PROGRAM IN GUNBALANYA



Gunbalanya stakeholders including Clontarf, TeamHEALTH and West Arnhem Regional Council's Youth Sport and Recreation team have been supporting the Gunbalanya School's Woleh Woleh program.

*"Meaningful afternoon activities and hobbies for students and families to participate in.."*

The purpose of the Woleh Woleh program is to provide meaningful afternoon activities and hobbies for students and families to participate in, particularly during the wet season. It also promotes health and wellbeing, social interaction and students are able to

improve their sporting skills and knowledge.

The Youth Sport and Recreation team have been supporting the school's Woleh Woleh program on Mondays and Thursdays.

On Mondays, they support fast short basketball games on the school basketball courts and on Thursdays the group participates in AFL games, with the aim of running three separate modified games of AFL.

This allows older mob, younger mob and females the chance to shine in their respective games.

It is great to see youth volunteers operating scoreboards and helping set up and pack up.



## SATURDAY, 11 MAY 2024

### JUNIOR TRIATHLON

Ages 13 & under  
Suitable distances per age & ability

### NEW RUN EVENT

5km Kakadu Challenge  
Open Individual

### PLUS..

The Colour Fun Run  
Friday 10 May, 5pm



# KAKADU TRIATHLON

JABIRU, NT

### OPEN TRIATHLON

Ages 14 and above  
Individual or Team of 2 or 3

250m swim/ 7.5km ride/ 2.5km run



[give.careflight.org/kakadutri](https://give.careflight.org/kakadutri)



All funds raised goes to **CareFlight**